



## September 2019

# **AARP CHAPTER #710**

#### President's Message

"A faithful friend is a sturdy shelter; one who finds one, finds a treasure". Theirs is a friendship deeply seasoned over many years of simply living together and staying in tune with each other's needs. Friendship is not a possession kept by two, but a treasure enriching all the lives of others.

## Welcome Back to our AARP Chapter #710

During our picnic festivities today at the Community Lodge the Officers of the Board are asking every member of Chapter #710 to complete a "Membership Application" to update our information thereby making it current. Please take note that when payment is received, you will be issued a Membership Card for the year you paid, or update your existing card to show the current year paid. The "Application" and "Card" need to be given to Joyce Molter our Membership Chairperson. If needed, her address and telephone are part of the application.

#### Our appreciation presentation to Lisa Pilli CMC Cape Assist Wellness Program



#### CHAPTER #710's AARP COMMUNITY SERVICE

Welcome Back, and Welcome to our New Members. As most of you know, at every Monthly Meeting we collect and provide donations to worthwhile organizations in our local area. Our current list follows:

During May 2019 we received a thank you letter from Holy Redeemer Health Care System for our gift of \$125.00 to their Food Pantry located in Swainton and in June we sent a check for \$125.00 to the United Methodist Church of Sea Isle City's Food Bank. We will continue to collect the items listed below: therefore, please bring them to our monthly meetings. If you can't make the meeting and would like to have something picked up, call the numbers listed below.

- <u>Food Banks</u>: Please donate to the blue bucket that gets passed around at General Meetings & the Buffet and Bingo (B&B). The recipient in September 2019 will be the United Methodist Church of Sea Isle Food Bank.





## · <u>Volunteers</u> in Medicine (VIM)

RECYCLE YOUR GENTLY USED CLOTHING AND HOUSEWARES AND GIVE THE GIFT OF HEALTH VIM operates 2 thrift stories to support clinic operations. All uninsured and underinsured residents of Cape May County are welcome.

They rely on the success of these stores for almost one third of all clinic expenses. Please call Joann Gallagher (615-554-8659) for pick-up of your items.

#### - Beacon Animal Rescue:

We collect and provide Beacon Animal Rescue in Ocean View with donations of blankets, towels, sheets, and quilts. These items are collected and delivered by Joan and Bob Thibault (609-263-3256).



## **AARP Special Event**

Are you 51 years old, or older and want to stay Healthy? Come join us and bring a friend to the Wellness Program that offers six lessons that cover a wide range of topics. Meetings being held on Wednesdays starting Oct 2<sup>nd</sup> through Nov 6<sup>th</sup> at the Sea Ilse City Welcome Center Community Lodge @ 12:00 PM to 1:30 PM. (Details described in "FLYER" included)

## 2019 Chapter #710 Meeting Schedule

## September 2019

11 Sept (Wednesday) Patriot Day Ceremony 9AM to 10AM
12 Sept (Thursday) Welcome Back Picnic @ 12 Noon
14 Sept (Saturday) Fall Family Festival 9AM to 4PM (NEED HELP)

## No Buffet & Bingo in September

#### October 2019

O2 Oct (Wednesday) Cape Assist 1st Meeting @ 12Noon 03 Oct (Thursday) Board of Director's Meeting @ 10AM 09 Oct (Wednesday) Cape Assist 2nd Meeting @ 12Noon 10 Oct (Thursday) General Meeting in the Community Lodge 1PM Our guest speaker will be Dean R. Marcolongo, Esq. Cape May County Surrogate Judge. His presentation is entitled "Five Wishes" that plan ahead for patients and families to cope with serious illness. There are many things in life that are out of our hands and this "Five Wishes" document gives you a way to control things that are very important. I am sure the Surrogate Judge will allow time after his presentation to answer any questions about how the "Five Wishes" can help you and your family, and provide practical pointers that may be helpful during trying times.

16 Oct (Wednesday) Cape Assist 3<sup>rd</sup> Meeting @ 12Noon
17 Oct (Thursday) Buffet & Bingo Community Lodge @ 12Noon
23 Oct (Wednesday) Cape Assist 4<sup>th</sup> Meeting 12Noon
30 Oct (Wednesday) Cape Assist 5<sup>th</sup> Meeting 12Noon





The Horizon Foundation for New Jersey

Celebrating healthy aging and educating older adults









# Are you 51 or older and want to stay healthy?

## Join us, and bring a friend!

The Wellness program offers six lessons that cover a wide range of topics. Join us for this fun program:

- Making healthy lifestyle choices
- · Factors and behaviors you should avoid to stay healthy
- Safe practices regarding alcohol, prescription and over-the counter medications
- Simple tools to take charge of your own healthcare

Lunch is free and participants will receive a \$50 gift card for completing the program! Limited Seating is still available! Pre-registration is required!

To register, call Lisa at 609-522-5960 or email lisa@capeassist.org

Meetings to be held on Wednesdays:
Starting on October 2nd through November 6th
12:00pm-1:30pm
At the Sea Isle Community Lodge
300 John F. Kennedy Blvd

### November 2019

06 Nov (Wednesday) Cape Assist 6<sup>th</sup> Final Meeting
07 Nov (Thursday) Board of Director's Meeting @ 12Noon
14 Nov (Thursday) General Meeting in Community Lodge @ 1PM
As usual, Chapter #710 will be entertained by the Seven
Mile Singers that have sung in Cape May County since 2002
21 Nov (Thursday) Buffet & Bingo Community Lodge 12Noon

### December 2019

O5 Dec (Thursday) Board of Director's Meeting @ 10AM
 Dec (Thursday) AARP Chapter #710 Christmas Luncheon (details and a flyer will be provided)

## No Buffet & Bingo in December

## January 2020

O2 Jan (Thursday) Board of Director's Meeting @ 10AM
O9 Jan (Thursday) General Meeting in Community Lodge @ 1PM
Be prepared to do the Mummer's Strut. The Cape May
County String Band has confirmed their appearance.
16 Jan (Thursday) Buffet & Bingo Community Lodge 12Noon

#### **Payment Policy for Buffet & Bingo**

Only AARP Chapter #710 Members and Sea Isle City residents are eligible to attend the Buffet & Bingo at a cost of \$7.00/person. See Sis Borden to sign up. You will need to pay for the Buffet & Bingo (2 days proir) to the event.

NO REFUNDS, because we have already paid for your food. If you have paid and are unable to attend you can send someone to pick up your food.

## **AARP Chapter #710 Travel in the Planning Stages**

December 2019- We plan to travel to the Tropicana for their MAGICAL HOLIDAY SPECTACULAR

April 2020- A trip is being planned to the Broadway Theatre in Pitman New Jersey to see Vicki Lawrence and Mama A Two Woman Show



# **SEPTEMBER BIRTHDAYS**

Sondra Ricci	4	Harriet Bailey	22
Janice McCann	7	Patricia Ponichtera	22
Rocco Santarcangelo	7	Mary Anne Owings	25
Edwin McFadden	7	Sylvia Palombo	26
Patricia Smith	13	John Birkmeyer	28
Harry Pfeiffer	14	Fran Heckworth	29
Rita Collins	15	Dolores Nagelmeyer	29
		Diana Parkes	29

# **ANNIVERSARIES**

Delores & Tom Volker	9/1/56	Sondra & Al Ricci	9/10/60
Camille & Louis Minchelli	9/5/53	Mary Anne & Tom Owings	9/11/65
Michelina & John Valinis	9/8/62	Jane & Joe Robinson	9/29/56
Sis & Fred Borden	9/9/63		

If there are any changes to this list please contact Joyce Molter at 609-486-5384 or 856-981-3465