

FEMA Region II: Camping Tips

Before You Leave:

- Check the weather and terrain where you plan to set up camp.
- Research park rules & restrictions.
- ALWAYS pack: first aid kit, flashlight, extra water, sunscreen and insect repellent.
- Make sure all parties are up to date on vaccines.

When You Arrive:

- Ask a park ranger about any specific safety precautions during your stay (i.e. falling rocks, unpredicted weather).
- Review your emergency plan with all members of your party.

For more info, go to <https://www.nps.gov/articles/camp-safety-before-the-trip.htm>